

The Institute for Change
CONSENT TO RELEASE CONFIDENTIAL INFORMATION

**460 Bloomfield Ave
Suite 211
Montclair, NJ 07042
(973) 734-0780**

**44 Elm Street
Second Floor
Morristown, NJ 07960
(973) 734-0780**

Re: Name _____ D.O.B. _____

To: _____

Name of Persons, Organization or Institute

Street _____ City _____ State _____ Zip _____

I hereby authorize you to _____ release to _____ exchange with The Institute for Change information from my records or my child's records with the understanding that this information will be considered privileged and confidential.

I understand that the specific type of information to be disclosed includes and may not be limited to:

- _____ Length of time in treatment
- _____ Diagnosis, brief description of progress and prognosis
- _____ Treatment recommendations
- _____ Discharge or closing summary
- _____ Medical history
- _____ Copy of reports
- _____ Other _____

This information is needed for the following purposes:

- _____ Diagnostic and evaluation purposes
- _____ To provide on-going treatment
- _____ Other _____

I understand that I need not consent to the release of information in order to obtain treatment services. I choose to do so willingly and voluntarily for the purposes specified above. I understand that I may revoke this consent at any time by notifying my therapist in writing, except to the extent that action been taken in reliance on my consent. This consent will otherwise expire one year from the date indicated below.

(Witness)

(Signature)

(Date)

If patient is 14 years or younger _____
(Parent Signature)