

THE INSTITUTE FOR CHANGE

973-734-0780

CONSENT TO RELEASE CONFIDENTIAL INFORMATION

Mailing Address: IFC, PO Box 289, Caldwell, NJ07006

Re: Name \_\_\_\_\_ D.O.B. \_\_\_\_\_  
Patient's Name

To: \_\_\_\_\_  
Name of Persons or Organization

Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Below please indicate whether the information is to only be *released* to IFC or if IFC can also *share information* [exchange with] with the above-named entity:

I hereby authorize you to release to \_\_\_\_\_ exchange with \_\_\_\_\_ The Institute for Change Information from my records or my child's records with the understanding that this information will be considered privileged and confidential.

I understand that the specific type of information to be disclosed is limited to:

- \_\_\_\_\_ Length of time in treatment
- \_\_\_\_\_ Diagnosis, description of progress and prognosis
- \_\_\_\_\_ Treatment recommendations
- \_\_\_\_\_ Discharge or closing summary
- \_\_\_\_\_ Medical history
- \_\_\_\_\_ Copy of reports
- \_\_\_\_\_ Behavioral Observations
- \_\_\_\_\_ Other \_\_\_\_\_

This information is needed for the following purposes:

- \_\_\_\_\_ Diagnostic and evaluation purposes
- \_\_\_\_\_ To Provide on-going treatment
- \_\_\_\_\_ Other \_\_\_\_\_

Name of therapist at IFC: \_\_\_\_\_

I understand that I need not consent to the release of information in order to obtain treatment services. I choose to do so willingly and voluntarily for the purposes specified above. I understand that I may revoke this consent at any time by notifying my therapist in writing, except to the extent that action been taken in reliance on my consent.

\_\_\_\_\_  
Signature of Patient, or Parent/Guardian if Patient is a Minor

\_\_\_\_\_  
Date